

12 ACTIONS for People SLIGHTLY Out of Touch with REALITY

brought to you by **HFMA Lone Star Summer Institute**

*Know anyone who is negative?
Know anyone who is positive?
Why are they the way they are?*

The answer is largely the same for both — **they work at it.** Learn how your outlook (and your behavior and the behavior of others) is affected by what we “teach” ourselves.

Join us for this exciting program that can give you a fresh new look at yourself and others ...

Prepare to learn:

- 12 Actions for learned optimism
- How thoughts can control behaviors
- How language affects thoughts
- Strategies for building positive language and behaviors
- Techniques to increase your ability to have faith in your future

12 Actions for People Slightly Out of Touch with Reality

1. Expect Change

- Change is inevitable
- All growth comes from some form of conflict
- Ability to adapt

2. Have faith in their future

- Three Acts of Self-Belief
- Get Out of Comfort Zone
- The Salvation of Practice, Practice, Practice

3. Search for partial answers

4. Allow for regular revival

5. Interrupt fatalistic progression of thought

6. Strengthen their capacity of appreciation

7. Build a lot of love in their lives

8. Picture and rehearse success

9. Persistent sense of humor

10. Sense of spiritual involvement

11. Accept what cannot be changed

12. Like to Swap Good News

Randall Wright

Randall knows how to **light a fire** in his audience that inspires nothing less than *excellence*. Randall has recently had a book published ... **"Hope I Don't See You For A Long Time,"** focusing on his experience as a retail pharmacist. It has received rave reviews.

A full time national and international speaker, Randall has presented in excess of 2,000 seminars, keynotes and workshops. He has owned seven businesses, is a published author of several business and scientific articles, and is a former columnist for a daily newspaper in a major metropolitan city.

For more information or to schedule Randall for your organization, contact:

Summit Speakers, L.L.C.

5333 Mission Road • Fairway, KS 66205
(816) 804-3765 • <http://www.summitspeakers.com>